

3º Trail Running CTM Vila Pouca de Aguiar



Classificação Geral Conjunta Mini Trail 10,00 Km.

Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
1	1542	PAULO JORGE, o		M4010	1	58:20.17	05:50	
2	1533	IVAN SILVA, o	CORRIDA URBANA	S2410	1	1:07:57.20	06:48	0:09:37
3	1517	JOSÉ SILVA, o	BODY ZEN SALÃO MANOS F	S2410	2	1:13:27.97	07:21	0:15:08
4	1500	JOSÉ MANUEL BORGES PEREIRA, o		M4010	2	1:25:13.31	08:31	0:26:53
5	1529	ROSA MARIA SILVA, a	INDIVIDUAL	FM4010	1	1:25:13.75	08:31	0:26:54
6	1528	ARMANDO SANTANA F	INDIVIDUAL	M6010	1	1:25:14.08	08:31	0:26:54
7	1527	ANTÓNIO QUADROS, o	GEADAS RUNNING	M4010	3	1:27:44.21	08:46	0:29:24
8	1506	DANIEL JOSÉ LOPES PEREIRA CARQUEJO, o		S2410	3	1:29:00.85	08:54	0:30:41
9	1512	FÁTIMA PAIS, a	BODY ZEN SALÃO MANOS F	FM5010	1	1:29:06.50	08:55	0:30:47
10	1532	RAFAELA COSTA BENTO, a		FS2410	1	1:31:55.72	09:12	0:33:36
11	1503	LUÍS FILIPE P. RODRIGUES, o		M4010	4	1:36:57.71	09:42	0:38:38
12	1531	NUNO FILIPE MOURAO, o		S2410	4	1:38:28.23	09:51	0:40:08
13	1530	GABRIEL BATISTA CARVALHO, o		S2410	5	1:40:14.00	10:01	0:41:54
14	1535	FERNANDO GONÇALVE	INDIVIDUAL	S2410	6	1:41:09.18	10:07	0:42:49
15	1539	CARLA SOUSA, a		FS2410	2	1:41:30.47	10:09	0:43:10
16	1509	FERNANDA BANDEIRA CARNEIRO, a		FM4010	2	1:42:13.75	10:13	0:43:54
17	1536	MANUEL PINHO, o	BODY ZEN SALÃO MANOS F	M5010	1	1:42:15.29	10:14	0:43:55
18	1537	ANA FILIPA QUINTELA	CTM	FS2310	1	1:55:06.67	11:31	0:56:47
19	1538	PEDRO LERENO, o	INDIVIDUAL	M4010	5	1:55:08.79	11:31	0:56:49
20	1505	TIAGO PEREIRA FERNANDES, o		S2410	7	1:57:15.93	11:44	0:58:56
21	1502	MARTA ALEXANDRA VIEIRA SARAIVA CABRAL, a		FM4010	3	1:59:08.01	11:55	1:00:48
22	1501	ANTÓNIO JOSÉ TEIXEIRA CABRAL, o		M4010	6	1:59:08.11	11:55	1:00:48
23	1504	ANA MOREIRA, a		FS2410	3	1:59:13.04	11:55	1:00:53
24	1520	MARGARIDA FERNAND	CHAVES RUNNING TEAM	FS2410	4	1:59:13.28	11:55	1:00:53
25	1519	SANDRA PIRES, a	CHAVES RUNNING TEAM	FM4010	4	1:59:13.85	11:55	1:00:54
26	1518	FRANCISCO MANSO, o	CHAVES RUNNING TEAM	S2410	8	1:59:23.96	11:56	1:01:04
27	1521	TÂNIA RAMOS, a	CHAVES RUNNING TEAM	FM4010	5	1:59:26.02	11:57	1:01:06
28	1516	JOSÉ CONCEIÇÃO, o	BODY ZEN SALÃO MANOS F	M4010	7	2:02:17.97	12:14	1:03:58
29	1515	SONIA ROCHA, a	BODY ZEN SALÃO MANOS F	FS2410	5	2:02:19.54	12:14	1:04:00
30	1514	DULCE CORREIA, a	BODY ZEN SALÃO MANOS F	FM4010	6	2:02:20.40	12:14	1:04:00
31	1507	LÉNIO MARINHO, o	LION RUNNERS - G. D. LEÕE	M6010	2	2:08:27.93	12:51	1:10:08
32	1522	ANABELA CRUZ FERNA	CHAVES RUNNING TEAM	FM4010	7	2:08:27.98	12:51	1:10:08
33	1526	MARGARIDA OLIVEIRA, a		FM4010	8	2:08:28.96	12:51	1:10:09
34	1513	CELESTE FERNANDES, o	BODY ZEN SALÃO MANOS F	FS2410	6	2:13:19.30	13:20	1:14:59
35	1534	ANDRE FILIPE VERDASCA RAPOSEIRA, o		S2410	9	2:21:48.60	14:11	1:23:29
36	1546	Lucia Silva, a	BODY ZEN SALÃO MANOS F	FS2410	7	2:25:23.56	14:32	1:27:04
37	1545	Claudia Ribeiro, a	BODY ZEN SALÃO MANOS F	FS2410	8	2:26:49.24	14:41	1:28:29
38	1540	TERESA MACHADO, a		FS2310	2	2:26:49.75	14:41	1:28:30
39	1525	MARIA OTÍLIA, a	CHAVES RUNNING TEAM	FM5010	2	3:12:10.79	19:13	2:13:51
40	1508	AFONSO CRAMEZ CARVALHAIS, o		S2310	1	3:46:10.52	22:37	2:47:51
41	1510	MARGARIDA MACHADO	BODY ZEN SALÃO MANOS F	FM5010	3	4:41:54.93	28:11	3:43:35
DESC	1541	AGOSTINHO COSTA, o	FUNDO DE VILA	M5010				
DESC	1547	João Perreira, o		M4010				